



Nicki McCarthy she/her

Central Region Coordinator



Services I can offer to your community include:

Workshops

- Workshops
- Cultural work

Indigenous love *Remembering how to love, and be loved*

Healthy eating *Introduction to pre contact seasonal eating*

Return to Indigeneity *Mapping a shared path with communities, Understanding both worlds Cultural and Western*

Teach mis ukqin *All that Nass has provided us to lead a fulfilling life*

Grief *a colonial construct, remembering how we deal with loss.*

Self care *its all about me*

Himwitsa *cultural legend that teach*

Training Experience

- Raised in our cultural ways by my grandmother
- A National Emcee, and educator for Truth and Reconciliation Canada.
- Published researcher
- “What we have is right and proper” Granny Louise

Communities Served

All central region communities on request

Contact Information Nicki McCarthy

250-266-2310