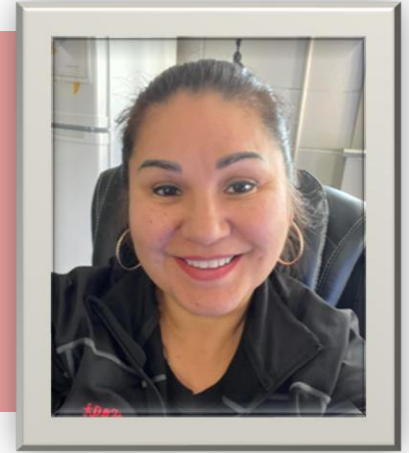




# Gina Amos

## Training and Prevention Coordinator



### Services I can offer to your Family & Community include:

#### One To One

- Mental Health Check ins
- Safety Plans
- Family Check ins
- Service referrals

#### Groups

- Grief and Loss 6-to-8-week program
- Talking Circles
- Brushings
- Youth Self care

### Communities Served

Southern Region Communities  
Central Region Communities  
Northern Communities

### Training Experience

Grief and Loss Training  
Healing Indigenous Hearts  
Naloxone Training  
Self-care & safety  
Talking Circles

### Contact Information

**Gina Amos**

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