

# **Richard Watts**

### **Resolution Health Support Worker**

## Services I can offer to your Family & Community include:

#### One To One

- Emotional support to Indian residential school survivors
- Provide individual group and family support
- Assist with class action forms (currently Indian boarding homes)
- Assist with referrals (e.g counselling, cultural support)
- Provide emotional support
- Provide support and debriefing to community workers
- Provide crisis advisina
- Plan and facilitate group information and healing sessions
- Provide information and help with healing circles
- Work collaboratively with other teechukl team members

#### Groups

- Men's talking circle
- Elders support groups
- Residential school survivors support groups
- Our ways of eating

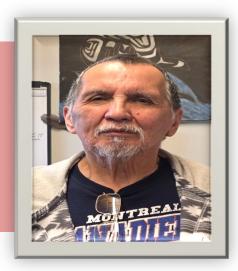
#### **Communities Served**

Tseshaht, Hupacasath, Huu-ay-aht, Ditidaht, Ehattesaht, Nucatlaht, Mowachaht/Muchalaht, Uchucklesaht, Port Alberni Urban

#### **Contact Information**

Richard Watts

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#### **Training Experience**

- Facilitations training
- Management training
- Personal growth training
- Trauma informed training
- Offenders training
- Social work training
- Food is medicine
- Restorative justice training
- Crisis training
- Food safe