



# Patricia Spence

## Clinical Counsellor Northern Region



### Services I can offer to your Family & Community include:

#### One To One

- Listen without judgement
- Knowledge that each of us possesses a unique and wise self – a story to grow into
- An understanding that sometimes we lose sight of our own inner story, and it can be helpful to have a companion who is willing to help with the search.
- Work with individuals or families - all ages//most challenges
- Absolute confidentiality

#### Groups

- It can sometimes be difficult to share in a group within a small community. However, if a request is made for a particular group, I will be happy to provide facilitation.
- Psychological education/discussion on topics which interest members of the community

### Communities Served

Nuchatlaht, Ehattesaht, Mowachaht/Muchalaht

### Contact Information

Patricia Spence

Phone Number

patricia.spence@nuuchahnulth.org

### Training Experience

- Certified teacher
- Masters in Depth Psychology
- Advanced Trauma Certification
- Depth Psychology Coaching Certification
- Lifelong commitment to working with First Nations