



Lindsey Frank



Harm Reduction Outreach Nurse

Services I can offer to your Family & Community include:

One To One

- **Individual Help:** I offer private, one-to-one support for addiction and harm reduction, always with respect for each person's background and culture.
- **Overdose Prevention:** I will help provide training on how to prevent overdoses and give out naloxone kits.
- **Help with treatments:** I can help with applications for treatment and detox programs
- **Community connections:** I work in the community to offer my support and resources where they are most needed

Groups

- **Workshop & Training:** I will help lead workshops and support groups on wellness and healing, which can be customized for your community needs.
- **Family support:** I can help run a support group for families who are helping loved ones with substance use.

Communities Served

Huu-ay-aht, Ditidaht Huu-ay-aht, Hupacasath, Tse-shaht, Uchucklesaht, Ehattesaht, Kyuquot/Cheklesah, Mowachaht/Muchalaht, Nuchatlaht

Contact Information

Lindsey Frank
250-7243939
lindsey.frank@nuuchahnulth.org

Training Experience

Building meaningful relationships and establishing trust. Preventing drug overdose through educating about safer drug use.

- Access to naloxone
- Overdose prevention training.
- I have over two years of hands-on experience as a health care-aide, where I learned to build trust and strong relationships.
- I am a new LPN graduate with recent experience from Nanaimo Regional General Hospital.