



Child & Youth Service & Mental Health Referral Form

The information collected on this intake form is used to assist the Child and Youth Services team, in getting to know the needs of the individuals and families to provide the most appropriate services.

PLEASE SEND REFERRAL VIA FAX TO (250) 720-3693 OR BY EMAIL AT CYS@NUUCHAHNULTH.ORG OR DROP OFF IN PERSON AT 4835 B ARGYLE ST, PORT ALBERNI, BC, V9Y 1V9. FEEL FREE TO CALL AT (250) 724-0202 IF YOU HAVE ADDITIONAL QUESTIONS REGARDING THE REFERRAL.

Referred By:		Date Referred:	
Child/Client Information		File # (office use only)	
Child/Client Name		DOB	
Address	City	Postal code	
Gender	<input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Non-binary <input type="checkbox"/> Prefer not to say <input type="checkbox"/> Other _____		
First Nation	NTC Region: Northern <input type="checkbox"/> Central <input type="checkbox"/> Southern <input type="checkbox"/> Urban <input type="checkbox"/>		
School / Childcare Centre			
Parent	Address		
Ph #	Cell #	Safe to leave message <input type="checkbox"/> YES <input type="checkbox"/> NO	
Email	Prefers: emails <input type="checkbox"/> Texts <input type="checkbox"/>		
Guardian	Address:		
Email	Prefers: emails <input type="checkbox"/> Texts <input type="checkbox"/>		
Ph #	Cell #	Safe to leave message <input type="checkbox"/> YES <input type="checkbox"/> NO	
Foster Parent	Address		
Ph #	Cell #	Safe to leave message <input type="checkbox"/> YES <input type="checkbox"/> NO	
Email	Prefers: emails <input type="checkbox"/> Texts <input type="checkbox"/>		

Services Requested: Choose all that applies

- Infant and Child Development Supported Child Development Kindergarten Readiness/Stars
 Development Screening Infant Massage Moe the Mouse Healthy Babies Group (central region)
 Case Manager Maternal Child Health Pre-natal Doula Birth Doula Postpartum Doula
 Child & Youth Mental Health Other: _____

Reason for Referral / Developmental Concerns:

Referral Source:

Referral Source		Phone	
Documentation / Reports Attached <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please list:		Has the parent been informed of referral? <input type="checkbox"/> Yes <input type="checkbox"/> No	



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Maternal Child Health

- Provides health information, building confidence, prenatal education supporting pregnant person, parent(s)/caregiver(s)/families with baby up until 6 months.

Aboriginal Infant and Child Development

- Promotes healthy development for pregnancy, infants and children (ages 0-6, and 0–18) through home and community visits using strength-based parenting skill development. We offer:
- Infant and child development screening
- Support to families whose children may be at risk for developmental delays
- Support and advocacy for families to access services for their children and family
- Kindergarten Readiness/Stars Program

Aboriginal Supported Child Development

- Consultation support to childcare programs and caregivers to meet children's individual needs including funding for one on one support in daycare settings; supports for 0-18 year old's

Birth Doula

- Physical comfort during labour and breathing Techniques
- Emotional support: Listening to your needs, reassurance, comfort and encouragement
- Information about what happens during labour; procedures and the postpartum period
- Guidance and support to your partner and loved ones when needed
- Assistance with care for your baby and overcome some challenges that may arise

Post Partum Doula

- Feeding support (help with the emotional and physical recovery after birth)
- Light housekeeping running errands to take the pressure off of new mothers
- Comfort measures for the mother after birth (postpartum mood disorder awareness and information)
- Assistance with newborn care, (baby soothing and baby wearing techniques) such as diapering, bathing, feeding and comforting. Light meal preparation and sibling support

Healthy Babies

- Health education and peer support to pregnant women and families with infants. Port Alberni/Ucluelet / Tofino

Moe the Mouse

- Early speech and language program that helps parents and educators provide opportunities for children to practice language skills in a group or individual setting

Case Manager

- The case manager provides visits within the home and community as appropriate to support families in meeting their health needs
- Identify and reduce service barriers in the Southern, Central, and Northern Regions
- Help families and individuals to navigate social service systems
- Explore and identify health and wellness goals
- Develop case plans, set goals with clients, and work towards reducing barriers in communities

Mental Health Child and Youth Counsellor (2-27 Years Old)

- Initiates therapeutic relationship; conducts interviews of child/youth to identify problems to promote awareness and growth and to work through difficulties
- Plans for individual and/or family counselling sessions
- Develops, implements and evaluates various programs/groups in the area of play, recreation and creative arts related to self-concept, social adaptations and physical development, mindfulness and problem solving