

Child & Youth Mental Health Vision and Mission Statement

Our Vision

“Nuu-chah-nulth children, youth, families, and communities are rich with inner strength and resources. They have the ability to use their voices, make healthy choices and thrive on their journey.”

Our Mission

We support children, youth, families and communities to thrive and maintain holistic wellness.

We respect Nuu-chah-nulth healing traditions and we develop safe supportive healing activities that are based on based on culture and mainstream practices.

We believe the strength of the people lies within themselves and within the community culture and mainstream practices.



A strong commitment to our children ensures that they know where to turn to when they may need extra support.

NUU-CHAH-NULTH Child and Youth Mental Health Counsellors

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To access this service or refer a child / youth to this service, please contact one of our team members directly, or contact our main office at: 250-724-0202 or TF: 1-855-924-0202



NUU-CHAH-NULTH CHILD AND YOUTH MENTAL HEALTH



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Nuu-chah-nulth Child & Youth Mental Health and Wellness

Nuu-chah-nulth Child and Youth Services Mental Health and Wellness programs work



Like the cedar tree NCN people are resilient and stand strong as one.

in partnership with other programs for children, youth and families. We believe and strive to promote emotional, physical, mental and social well-being by providing early intervention programs.

We are a voluntary service that works closely with the client in a man-

ner that strives to empower the child/youth/family and the community, by providing activities that are therapeutic and that promote healing and well-being for the children, youth, family and community.

Nuu-chah-nulth CYMH Counsellors and Wellness

Workers:

- Provide confidential support services based on clients' needs.
- Work together with community frontline workers and other NTC programs.
- Develop and carry out culturally sensitive programs that reflect both common holistic practices and Nuu-chah-nulth helping and healing practices.

Program

The Nuu-chah-nulth Aboriginal Child and Youth Mental Health and Wellness program is a service provided by the Nuu-chah-nulth Tribal Council and is a part of the Nuu-chah-nulth Child and Youth Services Program.

The Nuu-chah-nulth Child and Youth Mental Health and Wellness program understand and values the teaching of “**Hishuuk ish tsa walk**” - Everything is one and we are all connected.” Therefore the program strives to strengthen relationships between children, youth family, community, culture, nature, and spirit.

Key strategies of the program include

- Risk Reduction: preventing or delaying the onset of mental health problems in children and youth .
- Capacity Building by strengthening the positive influence of families and communities to promote and support the mental health of children and youth

The Nuu-chah-nulth Child and Youth Mental health counsellors and Wellness workers value the distinctiveness of the Nuu-chah-nulth communities and we take this into consideration when planning and implementing culturally safe practices and services .



Child and Youth Services Manager
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