



Savannah Sam

Community Health / Home Care Nurse

Ahousaht First Nation



Core

The Community Health Service Program in Nuu-chah-nulth communities emphasizes a holistic, culturally grounded approach to care, focusing on health promotion, clinical support, advocacy, and cultural safety.

1. Nurses empower individuals through immunizations, collaborative communicable disease prevention, surveillance and management, prenatal/postnatal care, sexual and reproductive health, chronic disease screening, prevention and management, and health education and promotion workshops that incorporate traditional knowledge—such as medicinal plants and seasonal foods—while partnering with Elders and Knowledge Keepers.

2. They provide direct, client-centered care in homes and communities, including medication review and wound care while respecting family and community involvement and blending Western medicine with traditional healing practices and ceremonies. Advocacy efforts target systemic barriers, promoting Nuu-chah-nulth self-determination in health planning, securing resources for community programs, and collaborating with First Nations leadership and healthcare organizations to improve access to care.

3. Central to their practice is cultural safety, relational practice and trauma-informed care, which honors Indigenous identity, addresses historical trauma, and fosters trust through active listening, humility, and adherence to OCAP® principles, ensuring care is community-led, respectful, and aligned with cultural protocols.

The Homecare and Community Health Program in Nuu-chah-nulth communities provide culturally safe, client-centered care in Nuu-chah-nulth and Indigenous communities by focusing on four key domains:

1. *Clinical Care & Health Management, where they deliver skilled nursing interventions like chronic disease management, wound care, and palliative support while integrating traditional healing practices;*

2. *Health Promotion & Prevention, emphasizing education, screenings, and immunizations using culturally relevant resources;*

3. *Care Coordination & Advocacy, navigating healthcare systems to connect clients with resources, referrals, and culturally safe services while advocating for self-determination; and*

4. *Cultural Safety & Trauma-Informed Care, ensuring all interactions honor Indigenous identity, address historical trauma, and respect community protocols like OCAP®. By blending clinical expertise with cultural humility, these nurses support holistic well-being—physical, mental, emotional, and spiritual—while collaborating with Elders, families, and healthcare partners to foster resilient, healthier communities.*

Specialty

- Bachelor of Science in Nursing
- BCCDC Immunization Certified
- Communicable Disease, Tuberculosis, Infection Prevention and Control Workshop
- Naloxone Training
- Seasonal Flu updates 2024/2025

Contact Information

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